



Lexington-Fayette County Health Department

School Health
650 Newtown Pike
Lexington, KY 40508-1197
(859) 288-2314
(859) 288-2313 Fax

PARENT PACKET - TRACH

Dear Parent/Guardian:

You have informed us that your student has a medical concern. Enclosed are forms, which need to be completed by both the Parent/Guardian and student's Physician. These forms are necessary in order for the School Nurse or appropriately trained school personnel to perform or administer specific medical treatment or procedures. This information will help us work with your student to minimize unnecessary restrictions, feelings of being treated differently, and possibly absenteeism.

Please send a current picture of your student in order for the student to be easily identified. This information will be distributed to appropriate school personnel on a need-to-know basis and may include bus drivers, substitute teachers, cafeteria staff, and others who work with your student daily.

To help your student, please let us know of any changes in your student's medical condition or emergency daytime phone numbers.

The following need to be returned to the School Nurse at your school:

- **Student Health Information Sheet**
- **Physician Order for Tracheostomy Care & Parent/Guardian Statement**
- **Food Services Modification Form**

We are looking forward to a great year with your student!

Please call the School Health Services program at 288-2314 if you have any questions.

HEALTH INFORMATION SHEET

School Year: _____

Medical Condition: _____

(This form will be made available to teachers and appropriate school staff.)

Place
Student's
Picture
Here

Student's Name: _____ DOB: ____ / ____ / ____

Allergies: _____

School: _____ Teacher: _____ Grade: _____

Bus Rider: ☐ Yes ☐ No Bus #: AM ____ PM ____ Non-Transported ☐

Parent/Guardian(s) Name(s): _____

Address/Zip Code: _____

Call Parent/Guardian 1: – Home: _____ Work: _____ Cell: _____

Call Parent/Guardian 2: – Home: _____ Work: _____ Cell: _____

Alternate contact person in case of emergency:

Name: _____ Relationship: _____ Phone: _____

PHYSICIAN'S NAME: _____ PHONE: _____

HOSPITAL OF CHOICE: _____

HISTORY OF MEDICAL CONDITION - Include date of onset and most recent concerns: _____

* MEDICATIONS & TREATMENTS AT SCHOOL: _____

ADDITIONAL COMMENTS: _____

DATE COMPLETED: ____ / ____ / ____ COMPLETED BY: _____

* Must complete Medication Consent Forms prior to any prescription medications being brought to school to be administered.
Forms are available at school.

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REVIEWED BY: _____, RN DATE: ____ / ____ / ____

FOOD SERVICES MODIFICATION EATING AND FEEDING EVALUATION

This form must be completed and signed by a Physician if your student requires a dietary restriction. (i.e. no peanut butter, no strawberries, etc.) OR a food substitute (i.e. allergic to cow's milk – substitute soy milk).

This also pertains to other dietary accommodations (i.e. pureed foods, thickened liquid, etc.)

This form is good for one school year and must be completed and signed by student's Physician to reverse a previous accommodation (i.e. "Student no longer restricted on strawberries – Please lift restriction," "Student no longer requires pureed foods – Please lift restriction" etc.)

PART A			
Name of Student: _____		Date of Birth: ____ / ____ / ____	
Allergies: _____			
Name of School: _____	Grade: _____	Classroom: _____	
Does student have a Disability/Special Need? If Yes, describe the major life activities affected.		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Does student have special nutritional or feeding needs? If Yes, complete Part B of this form and have it signed by a licensed Physician.		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<i>IF STUDENT DOES NOT REQUIRE SPECIAL MEALS, PARENT/GUARDIAN CAN SIGN AT THE BOTTOM OF THIS FORM AND RETURN THE FORM TO THE SCHOOL'S FOOD SERVICE.</i>			
PART B			
List any dietary restrictions or special diet: _____			
List any allergies or food intolerances to avoid: _____			
List foods to be substituted: _____			
List foods that need the following change in texture. If all foods need to be prepared in this manner, indicate "All."			
Cut up or chopped into bite-size pieces:			
Finely ground:			
Pureed:			
List any special equipment or utensils that are needed: _____			
Indicate any other comments about student's eating or feeding patterns: _____			
Parent/Guardian's Signature: _____		Date: ____ / ____ / ____	
Physician's Signature: _____		Date: ____ / ____ / ____	

REVIEWED BY: _____ **RN** **DATE:** _____

School: _____

School Year: _____

PHYSICIAN'S ORDER FOR TRACHEOSTOMY CARE

To be completed by the student's Physician and returned to School Health: Confidential FAX (859) 288-2313 or by mail: Lexington-Fayette County Health Department, School Health Division, 650 Newtown Pike, Lexington, KY 40508

STUDENT'S NAME: _____ **Date of Birth:** ____ / ____ / ____

ALLERGIES: _____

DIAGNOSIS: _____

IS CHILD TRACH DEPENDENT? ☐ Yes ☐ No

TRACH TYPE: _____ **SIZE:** _____

TRACHEOSTOMY CARE DURING SCHOOL DAY: _____

Frequency of suctioning: _____

Care and cleaning of tube and stoma: _____

Other recommendations OR COMMENTS: _____

PHYSICAL ACTIVITY RESTRICTIONS (PLEASE LIST): _____

X _____
(Physician's Signature) _____ Date _____

(Physician's Name - Printed) _____ Telephone Number _____

*** PLEASE NOTE: The School Nurse is NOT always in the school building and trains non-medical staff to administer medication.**

PARENT/GUARDIAN STATEMENT

I, the undersigned Parent/Guardian of _____, hereby request the School Nurse or designee to administer the above procedure(s) according to the Physician's instructions. I will furnish all equipment, supplies, medication, or other items necessary for the administration of the service/procedure and to provide replacement and maintenance as necessary.

I agree to notify the School Nurse immediately if there is any change in the student's status or Physician's orders.

PARENT/GUARDIAN SIGNATURE: _____ **DATE:** ____ / ____ / ____

Home Phone: _____ **Work:** _____ **Cell:** _____

Reviewed by: _____ **RN** **Date:** _____