

## GESTATIONAL DIABETES CLASS

Learn how to eat to protect your baby after being diagnosed with gestational diabetes and learn how to correctly use your glucose meter.

## PUBLIC HEALTH CLINIC SOUTH

2433 REGENCY ROAD

**EVERY WEDNESDAY | 1-2 PM** 

Call to confirm the meeting time as the schedule may change: 859-288-2446. If you already have a glucose meter, please bring it with you to class.









**LFCHD** 



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