

Hand-washing and Coronavirus Prevention for Children

Encourage your kids to become **HAND-WASHING SUPERHEROES!**



SING THE ABCs. Wash hands regularly, with soap and warm water*, for at least 20 seconds while singing the ABCs.



BE SURE TO WASH YOUR HANDS



After using the bathroom, sneezing, coughing or blowing your nose



Before eating meals or snacks



Immediately after coming inside from playing outdoors

KIDS WHO BALK. If your child is refusing to wash their hands, it might help to give them a small reward, such as the Hand-washing Superhero Badge.

Mark a star for each day your child practices great hand-washing skills.



**If soap and water are not available, the next best option is hand sanitizer.*