Parents are the most important people in building the foundation for the skills a baby needs to read and write.

## Fayette County public libraries

Help build these skills by visiting one of these locations:

**Central Library** 

140 E. Main St.

**Beaumont Branch** 

3080 Fieldstone Way

**Eagle Creek Branch** 

101 N. Eagle Creek Drive

Northside Branch

1733 Russell Cave Road

**Tates Creek Branch** 

3628 Walden Drive

**Village Branch** 

2185 Versailles Road



For more information on the Kentucky Children's Health Insurance Program, please call

1-877-524-4718.



#### contact us

Lexington-Fayette County Health Department HANDS Program 650 Newtown Pike Lexington, KY 40508

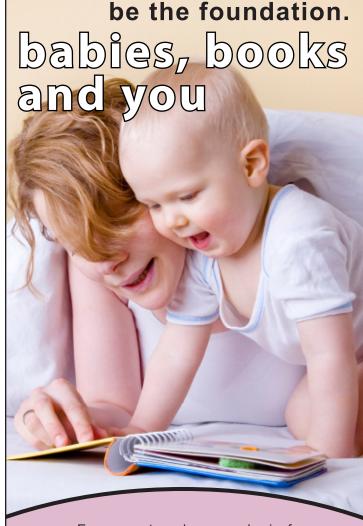
Phone: (859) 288-2338





Find LFCHD on Facebook,or follow us on Twitter at twitter.com/LFCHD.

www.lexingtonhealthdepartment.org



Every parent needs a second pair of

### **HANDS**

Health Access Nurturing Development Services

(859) 288-2338



www.lexingtonhealthdepartment.org

# when should I start reading to my baby?



- Start reading to your baby while you are pregnant.
- Babies learn through talking, singing and reading.
- Your baby loves to hear your voice.
- After your baby is born, snuggle him or her close and read out loud.
- Holding your baby while you read makes reading a good experience for the baby.



### what if I can't read or write?

Let your family support worker know if you can't read or write. There are places that will help you learn to do both.

### how can I help my baby learn?

- Help your baby touch books and turn the pages.
- · Take books with you everywhere.
- Read and play with books every day.
- Point at pictures as you read.

### what books are the best?

- Picture books with few words
- Board or cloth books
- Books that have different things to touch and feel

Reading prepares your child for school.

## reading activities for babies

As babies grow older, they enjoy different types of books.

#### 3-6 months

Show your baby black-and-white books that can be propped up for the baby to look at when on "tummy time."

6-9 months

Read books with sounds or tags.

#### 9-12 months

Use books with textures and flaps, or books with pictures of babies, animals or favorite objects.

### great books for babies

Happy Baby Words by Roger Priddy

Baby Touch and Feel Farm

Pat the Bunny by Dorothy Kunhardt