

Parents are the most important people in building the foundation for the skills a baby needs to read and write.

Fayette County public libraries

Help build these skills by visiting one of these locations:

Central Library
140 E. Main St.

Beaumont Branch
3080 Fieldstone Way

Eagle Creek Branch
101 N. Eagle Creek Drive

Northside Branch
1733 Russell Cave Road

Tates Creek Branch
3628 Walden Drive

Village Branch
2185 Versailles Road



For more information on the Kentucky Children's Health Insurance Program, please call **1-877-524-4718.**



contact us

Lexington-Fayette County Health Department
HANDS Program
650 Newtown Pike
Lexington, KY 40508

Phone: (859) 288-2338



Find LFCHD on Facebook, or follow us on Twitter at twitter.com/LFCHD.

www.lexingtonhealthdepartment.org

be the foundation.
babies, books and you



Every parent needs a second pair of

HANDS

Health Access Nurturing
Development Services

(859) 288-2338



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when should I start reading to my baby?



- Start reading to your baby while you are pregnant.
- Babies learn through talking, singing and reading.
- Your baby loves to hear your voice.
- After your baby is born, snuggle him or her close and read out loud.
- Holding your baby while you read makes reading a good experience for the baby.



what if I can't read or write?

Let your family support worker know if you can't read or write. There are places that will help you learn to do both.

how can I help my baby learn?

- Help your baby touch books and turn the pages.
- Take books with you everywhere.
- Read and play with books every day.
- Point at pictures as you read.

what books are the best?

- Picture books with few words
- Board or cloth books
- Books that have different things to touch and feel

Reading prepares your child for school.

reading activities for babies

As babies grow older, they enjoy different types of books.

3-6 months

Show your baby black-and-white books that can be propped up for the baby to look at when on "tummy time."

6-9 months

Read books with sounds or tags.

9-12 months

Use books with textures and flaps, or books with pictures of babies, animals or favorite objects.

great books for babies

Happy Baby Words by Roger Priddy

Baby Touch and Feel Farm

Pat the Bunny by Dorothy Kunhardt