

# FINANCIAL STATEMENTS

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## CLINICAL SERVICES

### PUBLIC HEALTH CLINIC

The Public Health Clinic continues to work to meet the health department's mission of helping Lexington be well. Clinical services offered in the clinic include STD, TB, Family Planning and immunizations. The Public Health Clinic saw 5,517 patient visits from July 2017 through January 2018. The total number of visits increased by 767, a 16-percent increase from the same time last year.

### NEEDLE-EXCHANGE PROGRAM

The Needle-Exchange Program is a free, anonymous and confidential program, designed to reduce the spread of HIV and hepatitis by allowing injecting drug users to exchange used needles for clean needles. The program has seen considerable growth over the past year. They are seeing an average of 180-190 clients 11 a.m.-4p.m. each Friday (note: this has now expanded to include 3-6 p.m. Wednesdays). In addition to exchanging needles, clients have access to confidential services including rapid HIV and hepatitis C testing, and treatment referrals. Clients can also attend a naloxone training class and receive free naloxone.

### TUBERCULOSIS PROGRAM (TB)

The TB program provides comprehensive case management including direct observed therapy for active TB patients. The program also provides active TB surveillance for refugee and immigrant clients identified as high risk for TB infection or disease. The TB staff work closely with a number of community partners to assure communicable disease control for our community. Since July 1, 2017, there have been 116 people referred to the health department for surveillance of TB through community partners. Thirteen patients were diagnosed as having active TB disease and were placed on direct observed treatment. All others were diagnosed with TB infection and started recommended treatment.

### WOMEN, INFANTS, & CHILDREN (WIC)

The Farmers' Market redemption rates increased this past fiscal year. The WIC program's redemption rate last year was 40 percent and this year we closed at 49 percent. The WIC team attributes this increase to having farmers on-site. The WIC team has added another lactation specialist this fiscal year. Currently, the WIC team has a total of two Certified Lactation Specialists, two Certified Lactation Counselors, and one Internationally Board Certified Lactation Consultant with plans on continuing to offer the course to those who are interested. Outreach efforts have been continuous for the WIC program. We have been at the following events: HANDS Trunk or Treat, Polk-Dalton centering, St. Joseph Maternity Fair, TV and radio appearances, student shadowing, educating dietitians at UK hospital about WIC, advertising to HealthFirst Bluegrass and Hope Center.

# COMMUNITY HEALTH EDUCATION & EQUITY (CHEE)

## **WELLNESS**

The CHEE Wellness department provides services to LFCHD employees through the LFCHD Employee Wellness Program and to the community through Go365 biometric screenings. CHEE Wellness engages Fayette County Kentucky Employee Health Plan members and LFCHD staff in biometric screening in which participants have important health measures taken such as cholesterol, glucose, and blood pressure. Additionally, CHEE Wellness staff represent LFCHD in various Fayette County wellness task forces and work groups.

## **TOBACCO**

The CHEE Tobacco Program provides smoking cessation classes, training for cessation educators, and community education on health risks associated with tobacco use. Tobacco Program staff also provide public awareness concerning tobacco use, including policy awareness and campaigns to encourage participation in cessation programs.

## **DIABETES EDUCATION**

Diabetes is a costly, widespread, chronic disease that is largely manageable through healthy lifestyle choices. The CHEE Diabetes Education team conducts evidence-based programs that help participants learn best practices for nutrition, physical activity, and medication compliance. Certified Diabetes Educators conduct workshops and small group classes in Diabetes Self Management Education. The Diabetes Prevention Program is for adults who are at risk for developing diabetes and encourages preventive healthy actions.

## **CHILD CARE HEALTH CONSULTATION (CCHC)**

The CHEE Child Care Health Consultation (CCHC) department assures daycare centers and childcare providers with information on cleanliness standards, best practices for infant safe sleep, safe guarding of environment, and health education for infants and preschool-aged children. The CCHC team are subject matter experts in childcare health risk avoidance and serve as an important point of contact for Fayette County providers.

## **NUTRITION**

The CHEE Nutrition department conducts Medical Nutrition Therapy (MNT), providing patients detailed clinical nutrition counseling in a one-on-one environment. LFCHD dietitians work in collaboration with Fayette County Public Schools to provide cooking classes and Farm to School lessons.

# HEALTH ACCESS NURTURING SERVICES (HANDS)

The [Health Access Nurturing Development Services \(HANDS\)](#) program is a voluntary weekly home visitation program for any new or expectant parents. HANDS supports families as they build healthy, safe environments for optimal growth and development of children. Families may participate in HANDS throughout pregnancy and the first two years of a baby's life. The HANDS curriculum is strengths-based and builds upon each family's unique strengths and challenges. The HANDS program's main goals are healthy pregnancies and births, healthy child growth and development, safe homes, and self-sufficient families.

## ENVIRONMENTAL HEALTH

The [Environmental Health](#) team provides regulatory oversight for all establishments or operations that offer foodservice, overnight lodging, school, public bathing, and retail food to the public in Lexington. Environmental Health also investigates all health-related complaints from Lexington constituents, such as waste water, disease and nuisance vectors, and indoor air quality. Environmental Health's mission is to protect the Lexington community from illnesses that can be attributed to environmental factors.

### **EMERGENCY PREPAREDNESS**


The Emergency Preparedness team works to assure that the LFCHD staff and the Lexington medical community is prepared to effectively respond to emergencies that could negatively impact the Lexington community. The team assures that all LFCHD staff is familiar with the most likely response scenarios, their response expectations, and that they have received appropriate trainings and exercises to provide response actions. The Emergency Preparedness team also provides staff at the Lexington Urban County Government's Emergency Operation Center as needed, and coordinates the local Healthcare Preparedness Program, a group that meets regularly and is composed of regional health department, first responder, and hospital staff.

## SCHOOL HEALTH

[School health](#) implemented Medicaid billing in 34 Fayette County Public Schools. In addition, 16 registered nurses completed the KIDS SMILE Oral Health Training Program on oral health screening and the application of fluoride varnish. School Health also collaborated with HealthFirst Bluegrass dental clinic and Fayette County Public School's District Health Coordinator to assist School Health with selecting schools that are in need of oral health screenings and fluoride varnish application for students in grades pre-K up to 5<sup>th</sup>. Effective February 2018, School Health will begin offering oral health screenings and fluoride varnish application to elementary schools that the HealthFirst Bluegrass's dental van (clinic) does not follow.


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