



MEETING MINUTES

Board of Health
January 8, 2018

TOPIC	DISCUSSION
Call to Order	<ul style="list-style-type: none"> Mr. Lee called the meeting to order at 5:45 p.m.
Attendance	<p>PRESENT: Ms. Anderson, Dr. Elder, Mr. Friesen, Mr. Gibbs, Dr. Jackson, Mr. Lee, Dr. Majmundar, Ms. Roberts Pierre, Dr. Zimmerman.</p> <p>OTHERS PRESENT: Dr. Humbaugh, Health Department Staff, LFCHD Council</p>
Approval of the December 11, 2018 Minutes	<ul style="list-style-type: none"> J. Lee asked if there was a motion to approve the December 11, 2018 Minutes. Dr. Zimmerman made a motion to approve. Dr. Majmundar seconded the motion. The motion passed.
Finance Report – Cara Kay, Chief Financial Officer	<ul style="list-style-type: none"> Cara Kay presented a financial summary for the Lexington-Fayette County Health Department (LFCHD) through November, 2017. Year to date, we are ahead of budget in revenue and under budget in expenses. Our year to date surplus stands at 4.8M. Some budgeted capital projects will be underway or completed soon, including the addition of a second restroom in the Dr. Rice C. Leach Community Room area. C. Kay said it will likely be April before we receive specific information on the implementation of any pension reforms. The market salary survey is complete. We are reviewing the results. Any recommended changes would be made after we have the information on changes to the costs associated with the pension fund. C. Kay is preparing a mid-year budget, which will be presented to the Finance Committee and Board of Health (BOH) during the February, 2018 meetings. At this time, it looks like an increase to the budget is possible. Business units that project revenue, such as Women, Infants, and Children (WIC) and Health Access Nurturing Development Services (HANDS), are being closely examined to ensure projections are as accurate as possible. Laura Foley included the wrong financial summary in BOH packets this evening. The correct summary (for November, 2017) will be emailed to board members. P. Anderson said the state budget outlook is grim. She asked if we have an idea of how that might impact LFCHD. C. Kay said the Kentucky Department for Public Health (DPH) is projecting a 20% reduction in diabetes prevention funding. We are making plans based on this preliminary information and will revise the plans as more information is received.

HANDS Presentation –
Dave Peterson and Kala
Adams

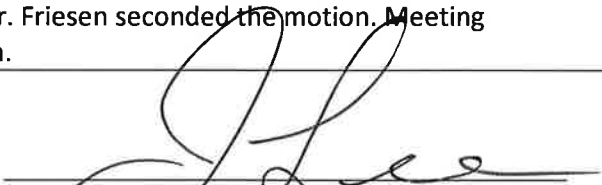
- Dave Peterson, Community Programs Manager, and Kala Adams, Health Access Nurturing Development Services (HANDS) Team Leader presented to the BOH a brief overview of the HANDS program.
- D. Peterson said HANDS was launched in 2000 and is an evidence-based voluntary home visitation program offered statewide.
- HANDS promotes healthy pregnancies and births and supports meaningful early child development. The program also helps reduce the incidence of child abuse and neglect.
- HANDS focuses on providing services to core families (first time mothers and fathers prenatally and until the baby is 3 years old) and multigravida families (families who have more than one child and could benefit from the services).
- The HANDS program requires services be provided roughly 70% to core families and 30% to multigravida families.
- Our HANDS program served 161 families in 2015, 194 families in 2016, and is currently serve 152 families.
- K. Adams said that across the state during the period from 2000 through 2014, HANDS programs completed 78,765 assessments, 1,886,951 home visits, and 1,965,716 total services.
- HANDS services are provided by Family Support Workers (FSWs). The number of nurses that serve in this role has decreased over the last several years.
- HANDS receives funding from Medicaid, the Phase 1 Tobacco Settlement, and local tax dollars.
- K. Adams showed expenses for salaries, benefits, and indirect costs in 2015, 2016, and 2017. Part of the apparent increase in salary costs from 2015 to 2016 is due to the vacant positions in 2015 that led to vacancy credits for the year.
- HANDS is moving towards hiring non-licensed staff who are able to bill at a professional rate, which would positively impact the budget for the program.
- Community outreach for referrals to the program is an ongoing effort.
- Dr. Elder asked how the program reaches out to providers and the community. K. Adams said outreach includes programs such as Pathways/Polk-Dalton Clinic, Baptist Health, Chrysalis House, the Department for Community Based Services (DCBS), Green House 17, and Bluegrass Care Navigators.
- HANDS has demonstrated favorable outcome measures in the areas of child health, maternal health, reduction in child maltreatment, and family self-sufficiency, thus providing significant healthcare cost avoidance.
- K. Adams said HANDS results in 40% fewer complications during pregnancy, 26% less premature births, 46% less low-weight births, and 47% less child abuse and neglect compared with similar high risk families that did not participate in the program.
- Dr. Majmundar asked how people who are interested in the program can get more information. K. Adams said anyone can make a referral to

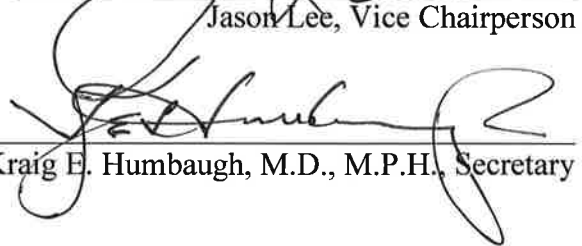
	<p>the HANDS program. Please invite anyone who may be interested in the program to contact HANDS at (859) 288-2338 or to email Suzette Ngondy at suzettemferguson@ky.gov.</p> <ul style="list-style-type: none"> • D. Peterson and K. Adams noted there is no income requirement to participate in the program. Participation is determined by the score on the initial assessment. • K. Adams shared information about the curriculum used for the program. The curriculum used is <i>Growing Great Kids</i> and is separated into categories based on the age of the child or children participating. The curriculum is flexible and can change, based on the specific needs of the family. • Initially, HANDS staff visit the family weekly. The frequency of visits changes as the participants grow older. • J. Lee asked how many more families could be served at current staffing levels. K. Adams said they could add twenty-five more families. D. Peterson said we must continue to grow participation from core families, so that the percentage remains near 70% for core families and 30% for multigravida families. The trend is toward more participation from multigravida families so efforts are being made to revise the requirements so more multigravida families may participate. • P. Anderson asked if we reach out to pediatrician offices. K. Adams said we do. D. Peterson said we need to advise people that HANDS is not just for low-income families, but for all who qualify. • Dr. Zimmerman asked what the average age was for core family parents. D. Peterson said likely between 19 and 25 years old and that we do have high school students who participate. • M. Friesen asked if we knew the number of children born in Fayette County each year so we could determine a percentage that currently participate or who may be eligible. K. Adams said they do not have that figure on hand, but could get the information. • S. Roberts Pierre said she is a big fan of the program and feels it would benefit any parent. • Dr. Majmundar asked if adoptive and foster parents are eligible. K. Adams confirmed that they are eligible. • Dr. Jackson asked how long the home visits last. K. Adams said they last a minimum of 30 minutes and occur at least once a week initially. Dr. Jackson asked if participants would be removed from the program if they missed an appointment. K. Adams said every effort is made to offer a rescheduled time, but that missing an appointment would not eliminate them from the program. Dr. Humbaugh said it is a real commitment from the families to participate, due to the frequent visits and time involved. • J. Lee thanked Dave Peterson and Kala Adams for their presentation.
<p>Commissioner's Report – Kraig Humbaugh, M.D., M.P.H.</p>	<ul style="list-style-type: none"> • Dr. Humbaugh wished everyone a happy 2018 and welcomed us to the Dr. Rice C. Leach Community Room, our new meeting space. • Dr. Humbaugh said the legislative session will be examining pension reform and completing the biennial budget.

- The Kentucky Health Department Association (KHDA) sent a letter to the state on behalf of health departments requesting they do not cut the pension subsidy we are currently receiving.
- Other issues under consideration include an increase to the cigarette tax and medical/recreational marijuana.
- The BOH retreat is going to be rescheduled. Laura Foley will send a poll to board members to determine the best date for the meeting. The retreat will address some of the areas of focus identified in the 2017 retreat. We may also examine some of the 32 Board of Health regulations on the books to consider if the board wishes any to be revised or rescinded.
- The department is examining our wellness program to ensure that staff who do not participate in the LFCHD health plan continue to have worksite wellness opportunities available to them.
- Dr. Humbaugh said on Tuesday, January 23 from 5:00-6:00 p.m. we will host a naloxone training class for Needle Exchange Program (NEP) clients, family, and interested members of the community. S. Roberts Pierre asked if those who complete the training will receive a dose of naloxone and Dr. Humbaugh indicated that they will receive a dose.
- The state health department is organizing a statewide Needle Exchange Summit in Lexington on March 13, 2018 at the Embassy Suites. LFCHD will participate in the summit.
- Flu activity is at the widespread level throughout the state. There have been five flu-related deaths in Fayette County. There were seven deaths total in Lexington during the 2016-2017 flu season. Flu shots continue to be the best defense against influenza.
- Dr. Humbaugh said major successes for LFCHD in 2017 included greater capacity to offer ancillary services in the NEP, growth of the NEP, and partnering with the Kentucky Injury Prevention and Research Center (KIPRC) to provide 100,000 dollars worth of naloxone to trained NEP participants.
- In 2017, we also established and hired an HIV Linkage Navigator who is working to bring individuals who have tested positive for HIV but are not currently receiving services back into care. In addition, the Environmental Health staff purchased and deployed new devices which allow inspections to be conducted using electronic forms. This saves both time and costs. We also updated the scorecards restaurants receive after an inspection to make it easier for the public to get a sense of how well the restaurant operates within the food safety guidelines.
- 2017 also saw the launch of the successful Farmers' Market, which operated at both the North and South LFCHD locations.
- Our Diabetes Prevention Program (DPP) was certified in 2017 which will allow for billing of services in the future.
- New policies in 2017 included detailed armed aggressor policies and procedures. The response plans were included in a safety drill day that also saw fire and severe weather drills.

	<ul style="list-style-type: none"> • The department completed a Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) which will soon be publicly distributed, likely through publication on the department website. • In 2017, department operations were reorganized so we now have two officers overseeing operations: Jessica Cobb is our Community Health Officer and Jill Keys is our Clinical Services Officer. • Dr. Humbaugh shared some predications of what may be in store for the department in 2018. We may not have clarity on any changes to the Kentucky Retirement Systems (KRS) pension plan by April. We will likely see an expansion of NEP in terms of hours and dates of operation and, perhaps, sites. The Farmers' Market will expand to operate from Spring through Fall and will see more WIC participants than ever before. • Reaccreditation efforts will be ongoing throughout 2018. Most of the "heavy lifting" will be done this year, though the deadline for reaccreditation efforts will be in 2019. • We are positioning ourselves well to bid for the school health contract, which will be open for bidding approximately one year from now. • 2018 will likely see the implementation of a Medicaid waiver which may increase the number of volunteers we see in the department and which may further increase the demand for preventive health care services. • The department's IT infrastructure will be improved in 2018 and we will continue to prepare for the implementation of an Electronic Health Record (EHR). • We will review and revise/rescind the 32 Board of Health regulations in 2018. • We will be changing our warehouse location while continuing to assure adequate space for preparedness needs. • J. Lee thanked Dr. Humbaugh for his presentation.
Executive Committee Report	<ul style="list-style-type: none"> • P. Anderson said the committee met and discussed the items detailed in Dr. Humbaugh's report. S. Roberts Pierre noted that the committee discussed the successful efforts of the communications team and offered kudos and applause to Kevin Hall and Bailey Preston.
Marketing and Branding Committee	<ul style="list-style-type: none"> • No report.
Nominating/Bylaws Committee	<ul style="list-style-type: none"> • P. Anderson said it is not too early to begin the nominating process for board positions for next year. Any board members interested in serving in leadership and/or on subcommittees are encouraged to contact P. Anderson or K. Allen-Bryant.
Program Outcomes/Evaluation Committee	<ul style="list-style-type: none"> • No report.
Policy/Protocol Committee	<ul style="list-style-type: none"> • No report.
Communications Report – Kevin Hall	<ul style="list-style-type: none"> • Kevin Hall presented a quick look at highlights for Communications in December, 2017.

	<ul style="list-style-type: none"> • Monthly media appearances focused on the flu and the Needle Exchange Program. We appeared on programs on WKYT, WLEX, and WTVQ, as well as on Lexington Community Radio. • Mark Royce, Executive Director of Lexington Community Radio, will be making a presentation to the Board of Health at the next meeting. • On Twitter, our top tweet was regarding the NEP and our top mention was about bundling up for safety in cold temperatures. We enjoyed a record 106,000 tweet impressions in December. • On Facebook, over 15,000 people were reached. One of the most popular posts was about staff member Doraine Bailey being recertified as an International Board Certified Lactation Consultant (IBCLC). • Our most popular Facebook post ever featured a photo of Kevin Hall bundled up against the cold. The post included a link to our website, which was clicked over 200 times. • Boosted Facebook ads in December were well-received and viewed many thousands of times. Boosting is an inexpensive way to greatly increase the audience for our posts and has helped lead to additional <i>likes</i> of our Facebook page, as well as visits to our website. • The Employee Association hosted a Thanksgiving luncheon for staff which was enjoyed and appreciated by staff. Blood pressure checks were done during the event and donations were accepted for the HANDS program. • Elaine Bailey and Yvonne Beatty retired from the department. E. Bailey had served the community in our department for 24 years, while Y. Beatty enjoyed 27 years of service. They have both been vital in our mission of helping Lexington be well and we all wish them both a happy retirement. • Looking ahead, January is National Radon Action Month. Free radon testing kits are available from LFCHD. February will be American Heart Month as well as National Wear Red Day for Women’s Heart Health. National Condom Day will occur on Valentine’s Day—February 14, 2018.
Open Comment	<ul style="list-style-type: none"> • P. Anderson said the new meeting space was conducive to the meeting. A microphone for speakers would also be helpful.
Adjournment	<ul style="list-style-type: none"> • Mr. Lee asked if there was a motion to adjourn. P. Anderson made a motion to adjourn. Mr. Friesen seconded the motion. Meeting adjourned at 7:11 p.m.


 Jason Lee, Vice Chairperson


 Kraig E. Humbaugh, M.D., M.P.H., Secretary