

# 2018 2018 2018

## A YEAR IN REVIEW



### FREE NALOXONE KITS

In October 2017, the Lexington-Fayette County Health Department began providing free naloxone kits to help reverse opioid overdoses. The kits were available through a partnership with the Kentucky Injury Prevention and Research Center, part of the University of Kentucky College of Public Health.



The kits are available 11 a.m.-1 p.m. every Friday in the Dr. Rice C. Leach Community Room at the main health department location, 650 Newtown Pike, as part of the needle-exchange program. Anyone interested in free naloxone is able to get the kits; you don't have to be part of the needle-exchange program.

"Our clients at the needle-exchange are some of the people at the highest risk for potential overdoses," said Commissioner of Health Dr. Kraig Humbaugh. Naloxone, also known by the brand name Narcan, blocks opiate receptors in the brain, works in 1-3 minute and lasts 30-90 minutes. It can cause withdrawal symptoms such as nausea and disorientation, but there is no risk for abuse or addiction.

**PROVIDED**  
**830**  
**FREE**  
**NALOXONE**  
**KITS**

The health department also held two community classes to provide naloxone to a wider audience. These free classes took place in January and April.

### NEEDLE-EXCHANGE EXPANSION

The needle-exchange program expanded to a second day: 3-6 p.m. Wednesday.

**8,867 VISITS**

**1,223 FIRST-TIME  
PARTICIPANTS**

### PUBLIC HEALTH CLINIC TUBERCULOSIS

The TB program provided care and case management to **124** patients with latent TB infection and **11** patients with active tuberculosis disease.

**8,757**  
**PUBLIC HEALTH**  
**CLINIC**  
**VISITS**

### WOMEN, INFANTS, & CHILDREN

WIC increased its farmers' market redemption rate for a third year in a row to **56%**. The Regency Road location had some of the highest breastfeeding rates of all WIC clinics in Kentucky.

**6,065**  
**WIC**  
**PARTICIPANTS**

**93%**  
**PARTICIPATION**  
**RATE**

## COMMUNITY HEALTH EQUITY & EDUCATION

### WELLNESS

Wellness engaged **2,094** Kentucky Employee Health Plan members and LFCHD staff in biometric screening.

### TOBACCO

Tobacco program staff secured four additional grants this year totaling **\$50,000**. These grants focused on healthcare professionals who work with pregnant patients, insurance coverage of tobacco treatment, and educating residents in HUD housing about tobacco policies in their facilities.

**1,944**  
PEOPLE PARTICIPATED  
IN BLOOD PRESSURE  
SCREENINGS

**384 PARTICIPANTS**  
IN DIABETES CLASSES, WORKSHOPS,  
AND SUPPORT GROUPS

SCHOOL HEALTH  
NURSES SAW

**39,638**  
FAYETTE COUNTY  
PUBLIC SCHOOL  
STUDENTS  
FOR VISITS

### SCHOOL HEALTH

School Health also began offering dental fluoride varnish application to students in Fayette County Public Schools elementary schools and applied fluoride varnish to **260** students during the school year.

**HANDS**  
(HEALTH ACCESS NURTURING  
DEVELOPMENT)

**5,556 HOME VISITS  
FOR PARENTS**

**142 FAMILIES A MONTH  
RECEIVED SERVICES**

## INFECTIOUS DISEASE

Epidemiologists investigated **5** cases of hepatitis A and conducted many contact interviews promoting post-exposure treatment.

Our linkage navigator investigated **72** clients who had fallen out of care for HIV. Of those clients, **73.6%** were re-established into HIV care services and linked to the Ryan White Program.

VITAL STATISTICS  
PROCESSED

**8,231**  
BIRTH CERTIFICATES

## FINANCIAL STATEMENTS

View our 2017-2018 financial statements online at [www.lexingtonhealthdepartment.org/about-us](http://www.lexingtonhealthdepartment.org/about-us).

**ENVIRONMENTAL HEALTH (EH)**  
EH began utilizing the Department of Public Health's Mobile EH system. This system allows inspection data to be entered directly in a database during field services.

**EMERGENCY PREPAREDNESS**  
Emergency Preparedness increased the number of staff trained to work in the LFUCG Emergency Operations Center (EOC) during emergency responses from 5 to 10. Emergency Preparedness helped to coordinate planning meetings and logistics for points of delivery (PODs) in response to the hepatitis A outbreak. This included organizing and leading weekly situational update meetings and providing logistical support for five PODs.