

HEALTH FAIR DISPLAY OPTIONS

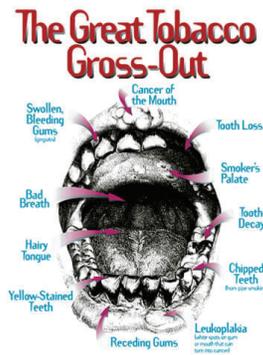
Go to www.lexingtonhealthdepartment.org/display-scheduling-form to schedule your health fair display!

BUILD A DISPLAY

Choose up to four (4) of the interchangeable posters on the topics of sugar, tobacco, healthy eating, and handwashing to make your own three-fold display. *Value to replace if lost or damaged is \$50 each.

TOBACCO

THE GREAT TOBACCO GROSS OUT



SUCKED IN

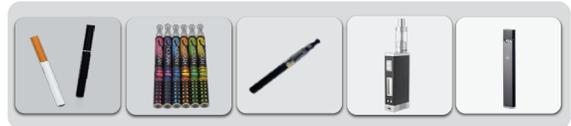


VAPING MYTHS AND FACTS



E-CIG & VAPE PENS GENERATIONS

E-Cigarettes & Vape Pens Generations



- Cig-a-Like**
E-cigarettes came onto the market around 2007. Most delivered nicotine and were disposable.
- Variations**
Variations on the first e-cigarettes included products like e-hookah and rechargeable versions.
- Vape Pens**
These have batteries that can reach higher temperatures, have refillable e-liquid cartridges, and allow users to regulate the frequency of inhalations.
- Mods**
Large size, modifiable e-cigarettes allow for more aerosol, nicotine, and other chemicals to be breathed into the lungs, at a faster rate.
- Pod-Based**
These e-cigarettes are shaped like USBs and contain pods with higher amounts of nicotine than previous generations.

Tobacco Prevention Toolkit
Division of Adolescent Medicine, Stanford University
For more information go to: www.tobaccopreventiontoolkit.stanford.edu

E-CIGS CONTAIN NICOTINE

Most e-cigarettes contain **NICOTINE**, which causes **ADDICTION**, may harm brain development, and could lead to continued tobacco product use among youth.



CIGS IN A POD

Cigs in a Pod

