



# HELP STOP THE SPREAD!

## HOW TO PROPERLY WEAR & REMOVE A MASK

### PUTTING ON A MASK PROPERLY



Clean your hands with soap and water or hand sanitizer before touching the mask



Mask with ear loops:  
Hold the mask by the ear loops. Place a loop around each ear



Mask with ties:  
Bring mask to nose level, place ties over the crown of your head & secure with bow



Mold or pinch the stiff edge to the shape of your nose



Pull the bottom of the mask over your mouth and chin

### REMOVING A MASK PROPERLY



Avoid touching the front of the mask when wearing



Mask with ear loops:  
Hold both ear loops & gently lift & remove the mask



Mask with ties:  
Untie the bottom first then untie the top & pull mask away from you as ties are loosened



If the mask is not soiled, damaged or hard to breathe through it should be carefully folded so that the outer surface is held inward against itself to reduce contact with outer surface and can be stored in a paper bag between uses



Wash your hands with soap and water or hand sanitizer

## Helping Lexington be well.

For more information or questions:

Call 859-899-2222 • 8am-4pm daily

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