



MEETING MINUTES

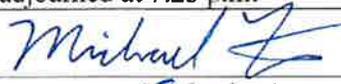
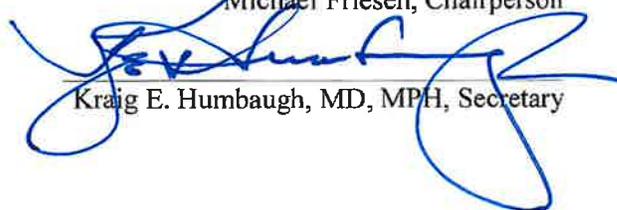
Board of Health Meeting
 Video Teleconference
 November 9, 2020
 5:45 p.m.

	<p>BOARD MEMBERS PRESENT: Ms. Allen-Bryant, Mr. Cornett, Dr. Dossett, Commissioner Ford, Mr. Friesen, Mr. Jabbour, Dr. Jackson, Dr. Jasinski, Dr. Majmundar, Dr. Mason, Dr. Moore, Councilmember Reynolds, Dr. Zimmerman.</p> <p>OTHERS PRESENT: Dr. Humbaugh, LFCHD Staff, LFCHD Council.</p>
TOPIC	DISCUSSION
Call to Order	<ul style="list-style-type: none"> Mr. Friesen called the meeting to order at 5:47 p.m.
Roll Call/Excused Absences	<ul style="list-style-type: none"> Ms. Foley called the roll. All members were present. A quorum was declared.
Request for Approval of the October 12, 2020 Minutes	<ul style="list-style-type: none"> Councilmember Reynolds made a motion to approve the October 12, 2020 minutes. Dr. Mason seconded the motion. The motion passed unanimously.
Recharge Moment Initiative	<ul style="list-style-type: none"> Dr. Humbaugh recognized Lexington-Fayette County Health Department (LFCHD) committee chairs who presented the <i>Recharge Moment</i> initiative. The committee chairs included Rick Cunliffe, Laura Foley, Virginia Glasper, Erin Kelley, Ruben Perez, Estephany Romero, and Alan Smith. Scott Keel, MD, preventive medicine resident, also participated in developing the program. These LFCHD committee chairs created an ad hoc committee to develop a program to encourage staff to perform activities that leave them feeling less stressed and more energized during breaks. Erin Kelley introduced the program. The <i>Recharge Moment</i> will provide weekly resources, via an all-staff email, for a variety of activities staff may enjoy doing following breaks, including breathing exercises, stretching, coloring with crayons, yoga, origami, puzzles, intentional conversations, and more. The activities were chosen to comport with our CARES values (Caring, Accountability, Respect, Equity, and Service). The initiative is being launched in two phases. Phase 1 is focusing on creating “space” for recharge, sharing inclusive activities in which teleworkers may also participate, a weekly schedule, and surveys and feedback requests to improve the product. Phase 2 is planned to occur post-pandemic and will include development of on-site rooms for recharge, group classes and activities, and procurement of equipment for <i>Recharge Moments</i>. Dr. Keel said he was placed at LFCHD for a two-month rotation and was impressed by the professionalism, creativity, and dedication of the

	<p>staff. The focus on employee wellness and the effort to meet them “where they are” was inspiring. There are meaningful benefits to the <i>Recharge Moment</i>. Evidence shows that even 10-15 minutes of mindful disengagement from work can reduce stress and decrease burnout. We developed a pre-launch survey, to which 65% of employees responded. Dr. Keel ran questions through a system to determine reliability and validity. The questions scored well. This survey helps establish our baseline and a second survey will follow after the initial phase of the initiative to determine if scores have improved. We are looking at options to submit our data for publication and presentation at public health conferences.</p> <ul style="list-style-type: none"> • Ruben Perez said the program launched today. We will continue to send weekly activities over the next ten weeks. We focused on developing activities that can be performed in a small space and do not require an instructor. Because of the season, there will be less focus on outdoors activities during the initial phase. • Alan Smith said the group estimated the cost of the <i>Recharge Moment</i> is \$1 to \$1.5 thousand over the course of the initial phase. LFCHD committees will contribute from their budgets to defray costs. He said the Employee Association and Green Team will coordinate deliverables to staff. • Laura Foley presented a sample Recharge Moment that focused on improving our breathing capacity through regular practice of specific breathing exercises. • Mr. Cornett said he thinks it is a great idea. Mr. Friesen thanked the staff for preparing this presentation. He wished them success in moving forward with the program.
<p>Commissioner’s Report</p>	<ul style="list-style-type: none"> • Dr. Humbaugh presented the Commissioner’s Report. Kala Adams was promoted from team leader to manager. We are closer to onboarding a new Human Resources Officer (HRO). Estephany Romero, executive assistant for HR, has left the department. Dr. Humbaugh expressed appreciation for her more than a decade of service at LFCHD. • First floor renovations are being completed one half at a time, so half remains available for services. Renovations have been delayed due to difficulty in obtaining building materials. Facilities is preparing an RFP for an upgraded generator for the 650 Newtown Pike facility. • Open enrollment for employee benefits has completed for the 2021 calendar year. • We are seeing our highest rates of COVID-19 in Lexington since the pandemic began. We have had over 12 thousand cases. The cause appears to be greater community spread. Students comprise around 10% of cases. We are seeing more school age children testing positive. We are also seeing increased hospitalizations. As of last week, we have had 100 COVID-related deaths. Over 80% of deaths are in people age 65 and older. We had two recent deaths in younger people. There is evidence that some people experience long periods of health issues after recovery from COVID-19. Dr. Humbaugh thanked department

	<p>staff for their work and the Board of Health for their ongoing support. We have around 125 contractors who are assisting in the response. He thanked Commissioner Ford and our partners at the city for helping provide space for some of these contractors to work. Challenges moving forward include streamlining contact tracing. As of today, we are entering new cases into the state tracking system. We will likely continue to enter data into the state system and our internal system, which contains old cases which will need to be closed out. Case investigations will continue to be a top priority.</p> <ul style="list-style-type: none"> • CARES Act funding is supporting our ramped-up response. The funding is scheduled to sunset on December 31. If the funding is not renewed, we will need to scale back. Another challenge is continued testing availability, as demand increases. A new rapid test is now available from the state. We are providing the tests to homeless shelters. They are intended for use with high-risk populations. A rapid result is available in 15 minutes. Harm reduction services have increased by more than 60% during the pandemic. WIC participation numbers have also increased. We are preparing and planning for COVID-19 vaccine, which appears to be on the horizon. Vaccine will likely be targeted to specific populations until it is more widely available. Vaccine will be distributed through the state health department. We do not know if the vaccine will be fully FDA approved or approved only under emergency use authorization. We do not have details on vaccine storage and if it will be a one dose or multi-dose series.
Committee Reports	<ul style="list-style-type: none"> • Mr. Friesen presented the Executive Committee report. The committee met and focused on the response and LFCHD personnel. He invited board members to reach out to him or Laura Foley if interested in serving on one or more Board of Health committees. • Mr. Cornett introduced Cara Kay to present the Finance Committee report. Ms. Kay reported a year-to-date report a deficit of \$58 thousand compared to a budgeted deficit of \$1.22 million. Year-to-date revenues were 107% of plan while operating expenses were 78% of plan. Cash account balances of \$21.75 million were up from \$16.31 million through the same period last year. The department spent \$378 thousand on COVID-19 response in September, for a year-to-date total of \$1.26 million, and a response-to-date total of \$2.93 million. The CARES Act reimbursed \$865 thousand of those expenses year-to-date and \$885 thousand in FY 2020, for a response-to-date total of \$1.75 million. Expenses for response contractors are paid on a state contract. We are monitoring legislation that addresses funding needs. We also continue to seek grant funding. We are completing the hiring process for our new Human Resources Officer. The COVID-related leave available for staff is expiring on December 31, 2020. • Marketing and Branding: No report. • Nominating/Bylaws: No report. • Program Outcomes/Evaluation: No report.

	<ul style="list-style-type: none"> • Policy Policy/Protocol: No report.
Communications Report	<ul style="list-style-type: none"> • Kevin Hall presented the Communications Report. We saw a new one-day high for cases on November 7, with 236 new cases being reported. Our messaging to the community continues to include information on wearing masks properly, maintaining social distance, washing hands often, and staying home when sick. We are receiving questions about flu cases. We have not yet had a lab-confirmed flu case this season. We are sharing CDC guidance on how to stay safer during the upcoming Thanksgiving holiday. Emergency Management has been doing a great job of promoting city testing sites. We continue to promote at-home testing. We received grant funding for direct mail and shopping center marketing materials. We are also developing new flyers for senior centers.
Open Comment	<ul style="list-style-type: none"> • Mr. Cornett made a motion that the Board of Health enter into and conduct a closed session pursuant to KRS 61.810(1)(c), specifically, to discuss proposed or pending litigation against or on behalf of the Board of Health and/or the Lexington-Fayette Urban County Health Department. Mr. Jabbour seconded the motion. • The Board of Health entered closed session. • Dr. Mason made a motion to end closed session. Mr. Jabbour seconded the motion. The Board of Health exited closed session.
Adjournment	<ul style="list-style-type: none"> • Mr. Friesen requested a motion to adjourn. Dr. Mason made a motion to adjourn. Mr. Jabbour seconded the motion. The motion passed unanimously. The meeting adjourned at 7:23 p.m.


 Michael Friesen, Chairperson

 Craig E. Humbaugh, MD, MPH, Secretary